

SEASIDE
BRUNCH
À BOCA DO MAR

BRUNCH COMPOSITION

BAKERY AND DELICATESSEN

- _ Selection of gluten-free bread, wheat bread and whole grains bread
- _ Croissants
- _ Selection of jams

STARTERS

- _ Melon with Parma ham
- _ Marinated salmon with cream cheese, lime and herbs
- _ Curd cheese with pumpkin jam
- _ Selection of national and international cheeses
- _ Cold meats board
- _ Roast beef with pickles and roman lettuce
- _ Mini vegetarian quiches, Wraps
- _ Sushi

TAPAS

- _ Crunchy codfish pastry
- _ Chicken mini pies
- _ Crunchy sausage pastry
- _ Vegetables tempura
- _ Veal samosas with spices
- _ Stuffed tacos
- _ Guacamole with nachos
- _ Tomato and onions
- _ Grated cheddar cheese
- _ Yoghurt sauce with spring onions

SIMPLE SALADS

- _ Selection of lettuces
- _ Carrot, sweet corn, cucumber, beetroot
- _ Sauces selection: aioli, yoghurt, citric and vinaigrette
- _ Marinated olives

COMPOSED SALADS

- _ Quinoa with smoked tofu, coriander, cashew and mango
- _ Spinach and lentil with mushrooms and crispy bacon
- _ Green beans and Feta cheese, olives, radish and herbs
- _ Padrón bell peppers, roast cherry tomatoes and anchovies
- _ Chèvre cheese with dry nuts and lettuce

BREAKFAST

- _ Scramble eggs, Omelets
- _ Baked beans, Sautéed mushrooms and bacon
- _ Turkey sausages
- _ Sweet potato
- _ Scramble eggs with sausage and asparagus
- _ Benedict eggs
- _ Selection of seeds and yoghurt

SOUPS | Every day with a different soup.

- _ Miso, tomato, cauliflower cream soup, lentils, pumpkin with Roquefort and roast almond

MEAT OR FISH

Every Saturdays and Sundays a different dish.

MEAT

- _ Sautéed veal in garlic and olive oil
- _ Veal medallion with Parma, garlic and bay leaves
- _ Iberian pork

OR FISH

- _ Swordfish with olive oil, capes, olives, tomato and onions sauce
- _ Salmon with mustard and lemon sauce
- _ John Dory fish noisette

PASTA OR RISOTTO

Every Saturdays and Sundays a different dish.

SIDE DISHES

- _ Potatoes
- _ Roast or sautéed vegetables

LIVE COOKING - POKÉ BOWLS STATION

Make your own perfect Poké Bowl:

- _ Fresh fish selection
- _ Smoked and regular tofu
- _ Chicken
- _ Rice and noodles
- _ Seaweed, nori seaweed and sesame seeds
- _ Onions, spring onions and pickles
- _ Mango, avocado and pineapple
- _ Cucumber, tomato, radish, chili pepper, carrot and courgette
- _ Dry nuts
- _ Sauces: kimchi, basil mayo, soya and teriyaki
- _ Green leaves of coriander, parsley, rocket leaves, spinach and baby lettuce

DESSERTS

- _ Selection of sweets and cakes
- _ Rice pudding, Tiramisu, Mousses
- _ Custards pie, Biscuits from Cascais
- _ Cakes and pies
- _ Crêpes, donuts and mini Berlin beignets
- _ Fresh seasonal fruit

FOR CHILDREN

- _ Smarties, Selection of biscuits, Candies and Marshmallows

DRINKS

Grande Real Villa Itália Hotel & Spa selection

- _ White and red wine
- _ Fruit juices
- _ Mineral water
- _ Coffee and tea

